

#### **Dear Food Service Professional:**

Thank you for your interest in feeding Massachusetts farm products to your customers. Fresh locally grown food encourages students to enjoy healthier meals! The Massachusetts Farm to School Project has been working for several years with schools and farmers across the state to cultivate mutually beneficial relationships. This directory has been created to make it easier for school food service operations to access local farm products. Finding an appropriate match is the next critical step. Here are a few tips to keep in mind when making an initial contact with a farm:

## I) Know your needs.

Making a list of the types of foods you may be interested in purchasing will assist the farm in responding to your inquiry. Have a rough idea of the quantities in which you purchase the items that you are hoping the farm can supply. It's okay to ask a farm to send you a sample product list before meeting. It's also important to let the farm know of your delivery needs and locations. Do you purchase food for summer feeding? That's important to share as well.

#### 2) Call ahead.

Give yourself plenty of time to work out the details of price, delivery and availability with the farmer. Although farms can sometimes manage a quick turnaround time, having initial conversations a month or more before the first delivery will ensure that the locally grown foods you wish to purchase will be ready for delivery for you when you want them.

## 3) Be flexible.

Freshness and taste are major benefits to serving locally grown food. However, the benefit of "just picked" comes with some restrictions. Much of what is available locally is dependent upon the weather and the season. Planning your menus in a way that allows you to choose between several different vegetables or fruits, depending on what's available, will make it easier for you to serve the maximum amount of freshly picked items. Your students will appreciate the delicious tastes offered by more seasonal eating.

# 4) Need help?

Call or email us at (413) 253-3844 or mafarmtoschool@gmail.com.

## **DEFINITIONS**

Partially Processed—Items that are cut, peeled, canned, or bottled

Organic—Follows USDA organic certification standards

**Extended Season**—Through cold storage and/or greenhouse production, able to continue to sell products into winter or spring

#### **BARNSTABLE COUNTY**

#### 

## **Coonamessett Farm**

Salad mix Ron Smolowitz (508) 563-2560 cfarm@capecod.net

## **BERKSHIRE COUNTY**

#### Cheshire

# Whitney's Farm

Sweet corn, pumpkin, tomatoes, peppers Eric Whitney (413) 822-9723 www.whitneysfarm.com

#### ♠ Dalton

# Holiday Brook Farm

Produce, maple syrup, beef, pork Desirée or Jesse Robertson-DuBois (413) 684-0444 www.holidaybrookfarm.com

#### Great Barrington

# Windy Hill Farm

Apples Judy Mareb (413) 298-3217 whfinc@verizon.net www.windyhillfarminc.com

#### <sup>™</sup> Hancock

# **loka Valley Farm**

Maple syrup, beef Rob Leab (413) 738-5915 iokavalleyfarm@taconic.net

#### \*Lanesborough

## **Lakeview Orchards**

Fruit
David Jurzak
(413) 448-6009
www.lakevieworchard.com

#### ∧ Lee

# High Lawn Farm

Milk and dairy products Helen Christensen (413) 478-0549 helen@highlawnfarm.com www.highlawnfarm.com

#### ^® Lenox

# River Valley Farm

Mixed vegetables Lisa Dachinger (413) 637-1290 lisa@raresheepwool.com www.raresheepwool.com

#### Pittsfield

## David's Melon Farm

Musk melon, watermelon, various colors and flavors
David Leavitt
(413) 442-0484
northmelonbc@gmail.com

#### Sheffield

# **Equinox Farm**

Salad mix, various potatoes and other vegetables, extended season Ted Dobson (413) 229-2266 equinoxfarm@yahoo.com

#### Howden Farm

Corn Bruce Howden (413) 229-8481

#### **BRISTOL COUNTY**

#### ♠ Dartmouth

## **Dartmouth Orchards**

Apples and vegetables Brian Medeiros (508) 999-5801

## Dighton

#### **Reed Farm**

Vegetables, fruit, flowers Steven Reed (508) 669-4088

#### Rehoboth

#### Oakdale Farm

Vegetables, berries Richard Pray or Laura Smith (508) 336-7681 oakdalefarm@juno.com www.oakdalefarms.com

#### Seekonk

## **Four Town Farm**

Vegetables Chris Clegg (508) 336-5587 www.fourtownfarm.com

#### South Dartmouth

#### Eva's Garden

Culinary herbs, flowers Eva Sommaripa (508) 636-5869

## Forbidden Fruit Farm

Vegetables, Asian pears, frozen fruit, extended season Barbara Purdy or Chip Higgins (508) 207-2193 (508) 990-8837 (fax)

#### Westport

# **Noquochoke Orchards**

Vegetables, 90 varieties of apples
George Smith or Doris Mills (508) 636-2237
info@noqorchards.com
www.noqorchards.com

## Paradise Hill Farm

Vegetables Shirley Robbins (978) 590-6537

# Sampson Farm

Potatoes, butternut squash, sweet corn, extended season Jerome Sampson (508) 674-2733 Sampson\_farm\_lp@ yahoo.com

## **DUKES COUNTY**

## ■ Edgartown

# **Morning Glory Farm**

Mixed vegetables Cheryl Harary (508) 627-9003 (508) 627-3955 (fax) morninggloryfarm @verizon.net www.morninggloryfarm.com

## Oak Bluffs

# Whippoorwill Farm

Mixed vegetables Rusty Gordon or Andrew Woodruff (508) 693-5995 info@whippoorwill farmcsa.com www.whippoorwill farmcsa.com

#### **ESSEX COUNTY**

#### 🙉 A mesbury

## Cider Hill Farm

Fruit, berries, vegetables Ed or Glenn Cook (978) 388-5525 www.ciderhill.com

## <sup>™</sup> Haverill

## **Tower Hill Farm**

Melons, vegetables Alan Schwartz (617) 988-4051

#### ♠ I p s w i c h

# **Appleton Farms**

Mixed vegetables Jamie or Melissa (978) 412-9587 jbarrett@ttor.org

## ♠ Peabody

## **Brooksby Farm**

Apples, vegetables, peeled butternut squash Pat K or Joanne (978) 531-7456 (978) 531-1631 (fax) Joanne.roden@peabody.ma.gov

#### Methuen

# **Pleasant Valley Gardens**

Lettuce, vegetables Rich Bonanno (978) 682-9563 rbonanno@prodigy.net www.pleasantvalley gardens.com

## West Newbury

# Long Hill Orchard & Farm

Apples, vegetables Cindy Adams (978) 363-2170 adamslho@verizon.net www.longhillorchard.com

#### FRANKLIN COUNTY

#### A shfield

# Clark Brothers Orchards

Apples, pears, peaches, grapes, extended season
Aaron Clark
(413) 625-2492
clarkbrothers
orchards@gmail.com

#### Sidehill Farm

Yogurt Amy Klippenstein or Paul Lacinski (413) 625-0011 info@sidehillfarm.net

#### Colrain

## **Pine Hill Orchards**

Cider, jellies, apples, extended season David or Matt (413) 624-3325 (413) 624-3413 (fax) shearer2659@hotmail.com

#### Deerfield

#### The Bars Farm

Mixed vegetables, extended season Allison Landale (413) 772-1031 (413) 773-0055 (fax) thebarsfarm@comcast.net www.thebarsfarm.com

#### Clarkdale Fruit Farms

Apples, tree fruits, cider, extended season
Tom Clark
(413) 772-6797
info@clarkdalefruitfarms.com
www.clarkdalefruitfarms.com

# Warm Colors Apiary

Honey
Dan Conlon
(413) 665-4513
warmcolors@verizon.net
www.warmcolorsapiary.com

# Williams Farm, Inc.

Maple syrup, corn, cucumbers, butternut squash Sandy Williams (413) 834-3875 (413) 773-1900 (fax) williamsfarminc@comcast.net

## Leyden

# **Dancing Bear Farm**

Vegetables, tomatoes, greens, extended season
Tom Ashley
(413) 774-2021
dancingbearfarm@mac.com

#### ₼ New Salem

## **Hamilton Orchards**

Apples, berries: fresh and frozen, rhubarb
Barbara Hamilton
(978) 544-6867
(978) 544-6121 (fax)
b.j.hamilton@earthlink.net
www.hamiltonorchards.com

# New Salem Preserves and Orchards

Apples Carol Hillman (978) 544-3437 cbhillman@gmail.com

## ♠ Orange

# Seeds of Solidarity Farm

Salad greens, tomatoes Ricky Baruc (978) 544-7564 www.seedsofsolidarity.org

#### <sup>™</sup>Shelburne

# **Apex Orchards**

Apples, organic apples, peaches, cider vinegar, honey Tim Smith (413) 625-2744 info@apexorchards.com www.apexorchards.com

#### South Deerfield

#### **Atlas Farm**

Organic vegetables, watermelon Sara or Gideon Porth (413) 230-4833 (413) 773-3412 (fax) wholesale@atlasfarm.com www.atlasfarm.com

# Long Plain Farm

Vegetables, extended season Scott Hutkoski (413) 665-1210 (413) 575-2598 (cell) shutkoski@charter.net

## Nourse Farms, Inc.

Small fruits, processed raspberries
Nate Nourse
(413) 665-2658
(413) 665-7888 (fax)
info@noursefarms.com

#### Sunderland

## D.A. Smiarowski Farm

Asparagus, sweet corn, potatoes Dan Smiarowski (413) 665-7522 dasmiarowski@comcast.net

## The Kitchen Garden

Tomatoes, cucumbers, potatoes, head lettuce
Caroline Pam
(413) 387-5163
info@kitchengardenfarm.com
www.kitchengardenfarm.com

#### **Riverland Farm**

Organic mixed vegetables, extended season
Meghan Arquin
(413) 687-5781
info@riverlandfarm.com
www.riverlandfarm.com

#### Wendell

# Diemand Egg Farm, Inc.

Turkey, turkey products Anne Diemand (978) 544-3806

## HAMPDEN COUNTY

## Brimfield

## Little Rest Farm

Mixed vegetables Chris Sturgeon (413) 245-1110 sturge1970@yahoo.com

#### <sup>™</sup> Chicopee

## McKinstry's Market Garden

Mixed vegetables Bill McKinstry (413) 297-3338

## <sup>♠</sup> Granville

## **Mountain Orchard**

Peaches, nectarines, apples, extended season
Ed or Anne Jensen
(413) 357-8877
(413) 357-6381 (fax)
www.mountainorchard.com

#### Westfield

## Kosinski Farms

Blueberries, strawberries, apples, frozen berries
Gene Kosinski
(413) 896-0475
kosinskifarm@comcast.net

#### → Wilbraham

# Green Acres Fruit Farm

Apples, extended season Kathleen Smedberg (413) 596-3016

## **HAMPSHIRE COUNTY**

#### Amherst

#### **Atkins Farm**

Tree fruits, cider, extended season Pauline Lannon (413) 253-9528 (413) 256-3117 (fax) www.atkinsfarms.com

#### Belchertown

# Austin Brothers Valley Farm

Beef, pork Michael or Roxanne (413) 668-6843 www.austinfarm.com

# **Cold Spring Orchard**

Tree fruits, extended season Kristen Hanley (413) 323-6647 kmhanley@psis.umass.edu www.coldspringorchard.com

## Easthampton

## **Mountain View Farm**

Vegetables, extended season Ben or Liz (413) 329-0211 mountainviewfarmer @hotmail.com www.mountain viewfarmcsa.com

## <sup>♠</sup> Granby

#### **Red Fire Farm**

Organic vegetables, extended season Ryan Voiland (413) 467-7645 ryan@redfirefarm.com www.redfirefarm.com

## <sup>™</sup> Hadley

#### **Boisvert Farm**

Maple syrup, vegetables, peeled butternut squash, extended season John Boisvert (413) 585-8820 (413) 586-3447 (fax) www.northhadley sugarshack.com

# Joseph Czajkowski Farm

Vegetables, including some partially processed, small fruits, extended season Joe Czajkowski (413) 237-2615 www.czajkowskifarm.com

# **Mapleline Farm**

Milk John Kokoski (413) 549-6486

#### <sup>™</sup> Hatfield

# Swazlowski Potato Farm

Potatoes, onions, extended season Shelly Swazlowski (413) 247-9240 swazfarms@hotmail.com www.swazpotato.com

# Teddy C. Smiarowski Farm

Asparagus, potatoes, strawberries Bernie Smiarowski (413) 247-5181

## Wendolowski Farm

Onions, extended season Anthony or Helen (413) 247-5476

## Southampton

# **Bashista Orchards**

Apples, pears, peaches, plums, extended season
Thomas Bashista
(413) 527-9091
skyline@crocker.com
www.bashistaorchards.com

# Westhampton

#### **Outlook Farm**

Apples, peaches, vegetables, extended season
Brad or Erin Morse
(413) 529-9388
(413) 529-0421 (fax)
www.outlookfarm.com

#### MIDDLESEX COUNTY

#### Acton

# Butter Brook Organic Farm

Organic vegetables, chicken, eggs, extended season Guy McKay (978) 263-1936 butterbrookfarm@aol.com www.butterbrookfarm.com

#### Bedford

# Chip-In Farm

Eggs, call for availability Paul Couvee (781) 275-2545 www.chip-infarm.com

#### Concord

## Verrill Farm

Vegetables, herbs Steve Verrill (978) 369-4494 www.verrillfarm.com

#### <sup>™</sup> Groton

## Autumn Hills Orchard

Apples, tree fruits, grapes Evan or Lyn (978) 448-8388 info@autumnhillsorchard.com www.autumnhillsorchard.com

#### ♠ Holliston

# Reseska Apiaries, Inc.

Honey Adelaide Reseska (508) 429-6872 reseska-apiaries@verizon.net www.bostonhoney company.com

#### **₼Littleton**

# **Springdell Farms**

Mixed vegetables Jamie M. Cruz (978) 486-3865 springdellfarms@verizon.net www.springdellfarms.com

#### <sup>™</sup> Stow

## **Carver Hill Orchard**

Apples, peaches Chuck Lord (978) 897-6117 www.carverhill.com

#### ♠ Townsend

# King Farm, Inc.

Mixed vegetables Bart King (978) 597-2866 www.kingfarminc.com

#### NANTUCKET COUNTY

#### Nantucket

## Bartlett Ocean View Farm

Vegetables Larry Belka (508) 228-9403 www.bartlettsfarm.com

## **NORFOLK COUNTY**

#### Cohasset

# **Holly Hill Farm**

Produce, herbs, education, school gardens Jon Belber (781) 363-6565 jbelberhollyhill@hotmail.com www.hollyhillfarm.org

## Franklin

# Fairmount Fruit Farm

Apples Johnny or Charles Koshivas (508) 533-8737 www.fairmountfruit.com

#### Norfolk

# Jane and Paul's Farm

Tomatoes, sweet corn, butternut squash, strawberries
Jane or Paul Newton
(508) 528-0812
(508) 528-0862 (fax)
janeandpaulsfarm
@verizon.net

#### <sup>™</sup>Sharon

# Ward's Berry Farm

Vegetables, berries, extended season Jim Ward (781) 389-2349 (781) 784-1650 (fax) wardfarm@aol.com

#### **PLYMOUTH COUNTY**

## <sup>™</sup> Hingham

# Penniman Hill Farm

Mixed vegetables, some pre-processed Tony (781) 749-5443 www.pennimanhillfarm.com

## Plymouth

# **Cranberry Hill Farm**

Organic cranberries, fresh, frozen and dried berries
Rob or Kristine Keese
(508) 888-9179
(508) 888-9179 (fax)
cranhill@capecod.net
www.organiccranberries.com

# Plympton

## Sauchuk Farm

Vegetables Scott Sauchuk (781) 585-1522 info@sauchukfarm.net www.sauchukfarm.net

#### **WORCESTER COUNTY**

#### 

## The Farm School

Organic vegetables Patrick Connors (978) 249-9944 patrick@farmschool.org www.farmschool.org

#### ₼ Barre

# Many Hands Organic Farm

Organic salad greens, mixed vegetables
Julie Rawson
(978) 355-2853
(978) 355-4046 (fax)
julie@mhof.net
www.mhof.net

#### ♠ Harvard

#### **Carlson Orchards**

Cider juice boxes, fresh cider Frank Carlson (978) 456-3916 (978) 456-3916 (fax)

# Westward Orchards Farm Store

Apples, fruit trees Stephanie Green (978) 456-8363 www.westwardorchards.com

#### ↑ Hubbardston

# The Country Hen

Organic eggs Jim Barry (978) 928-5333 jimbarry@countryhen.com www.countryhen.com

#### Leicester

## Little Bit Farm

Vegetables, honey, eggs, meat Dianna or Bruce Provencher dprovencher@cmrpc.org

#### Leominster

## **Sholan Farms**

Apples, berries Mike Meehan (978) 660-4556

## A Lunenburg

#### Lanni Orchards

Apples, organic apples, tree fruits, vegetables, some partially processed, extended season Pat Lanni (978) 582-6246 mac2go@net1plus.com

#### New Braintree

## **Howe Farms**

Vegetables, fruits, berries Chip Howe (508) 829-2517

## Stillman's Farm

Apples, winter squash, corn, beans
Glenn or Genevieve
(508) 867-7193
stillmans@verizon.net
www.stillmansfarm.com

#### North Brookfield ■ North Brookfield North Brookfield

# Brookfield Orchards, Inc.

Apples, extended season Dorothy Civin (508) 867-6858 brookfieldo@aol.com www.browsethe brookfields.com

## Dan Kittredge Farm

Organic greens, vegetables, extended season
Dan Kittredge
(978) 257-2327

#### Northborough

## **Berberian Farm**

Fruits, vegetables, corn Mike Berberian (508) 393-8079 (508) 243-8079 (cell)

## Davidian Bros. Farm

Tree fruits, mixed vegetables (508) 393-3444 info@davidianbros.com www.davidianbros.com

# Tougas Farm

Apples, peaches
Andre Tougas
(508) 641-7256
andre@tougasfarm.com
www.tougasfarm.com

#### ♠ O a k h a m

# Linabella's Garlic Farm

Pesto Jeff or Michelle Howard (508) 882-3030

#### ♠ Petersham

#### **Sweetwater Farm**

Mixed vegetables
Benjamin Purdon
(413) 320-1349
benjamin.purdon@gmail.com
www.sweetwaterfarmma.org

# ♠ Phillipston

# **Red Apple Farm**

Apples Al Rose (978) 249-6763 al@redapplefarm.com www.redapplefarm.com

## Sterling

#### **Clearview Farm**

Tree fruits, berries, mixed vegetables, cut/peeled/cored apples
Rick and Diane Melone
(978) 422-6442
clearviewfarm@comcast.net
www.clearviewfarmstand.com

#### **∞Sutton**

#### Silvermine Farm

Salad greens, vegetables Martha Cole (508) 865-5335 www.silverminefarm.com

#### Warren

## **Breezeland Orchards**

Apples, pears, peaches, cider, extended season
Mark Tuttle
(413) 436-7100
(413) 436-7122 (fax)

#### West Brookfield

# **Honeybee Orchards**

Apples, pears
Bill Haseotes
(508) 826-6607
(508) 867-4200 (fax)

# Ragged Hill Orchards

Apples, extended season Keith Arsenault (508) 867-2187 arsenaultk@charter.net www.raggedhill.com

# Massachusetts Farm to School Project 400 Amity Street, Suite 5 Amherst, MA 01002

(413) 253-3844 mafarmtoschool@gmail.com www.mass.gov/agr/markets/Farm\_to\_school/



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